

# Join the Breathe Easy Project

Your household could earn \$310 and any additional family member that participates can also earn \$120 with the Breathe Easy project!

Do you or another adult in your home have asthma? Participate in a 2-year research project to help learn about improving indoor air quality in your home and the impacts it can have on your respiratory health. The study is a joint research project between the Illinois Institute of Technology and Elevate Energy. Join the study today and find out how you and your family could benefit!

- Ventilation system installed at your home at no cost
- Indoor air quality testing in your home
- Participate in health surveys, adults and children with asthma over the age of 4

To learn more and join the project, please call:  
312.453.0902 or email [BreatheEasy@ElevateEnergy.org](mailto:BreatheEasy@ElevateEnergy.org)  
(Hablamos Español)

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Presented by



**ELEVATE** ENERGY  
Smarter energy use for all

ILLINOIS INSTITUTE  
OF TECHNOLOGY 

# Frequently Asked Questions:

**What is this project?** Do you or another adult in your home have asthma? Your home could be part of a study on your respiratory health and the air quality inside your home. Participate in a 2-year project to help learn about improving ventilation systems and indoor air quality in your home and the impacts it can have on your respiratory health. The study is a joint research project between the Illinois Institute of Technology and Elevate Energy. Join the study today and find out how you and your family could benefit!

**Do I need to be homeowner?** Yes, you or a family member must be an owner of the home.

**Does an adult in my family need to have asthma?** Yes, you or a family member must be diagnosed with asthma. Your child or children can also participate if they have diagnosed asthma and are at least 4 years old.

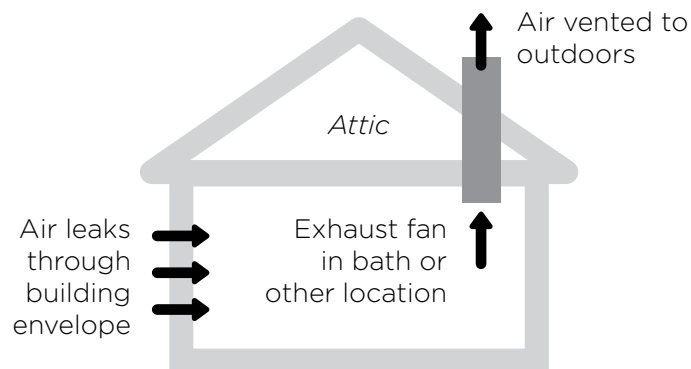
**Do I need to live in a smoke-free home?** Yes, since air quality testing will be conducted in the home the project can only include homes that are smoke-free.

## How do I participate? It's Easy:

- Talk to us about the health of your household. One adult from each household will complete surveys about health. This will include questions about your general health and your household. You do not need to answer any questions you do not want to.
- Fill out a monthly survey for the next 2 years about your health and your children's health. The first and last surveys will take about 25-30 minutes; all other surveys will only take 5 minutes.
- SI LO PREFIERE PUEDE ENTREVISTARSE EN ESPAÑOL.

## What will we (the researchers) do?

- We will install a ventilation system in your home to improve indoor air quality (see below).
- Call to remind you to fill out the surveys.
- Answer any questions during the study period.
- Keep all of your information confidential.
- Visit your home 8 times over 2 years for air quality measurements lasting 1 week each.



## What do I get if I join this study?

- You will get to keep the improved ventilation system we install in your home, which is worth up to \$1,500.
- You will receive \$175 for participating in the study and allowing us to install a new ventilation system and measure air quality in your home, a \$25 payment at the beginning of the study, a \$50 payment after we install the new ventilation system in your home, and a \$100 payment at the end of the 2-year study.
- You and your family members will receive \$5 for each completed asthma survey, for a total of up to \$120 per person. You will also receive an additional \$20 for completing the other health questions on the first and last survey, for up to an additional \$40.
- Your feedback will improve our understanding of how air quality improves your health.

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